

Susan Houston

Reframe Your Beliefs | Unlock Your Power

The Doubt Committee Framework™ | Done Pretending Podcast

Co-Author w/ Lisa Nichols | TEDx Speaker 2026

ABOUT SUSAN

Susan Houston knows what it costs to perform a life that isn't yours. She blends her personal story of resilience—with decades of leadership experience—to deliver transformative messages that resonate in boardrooms, conferences, and corporate events.

She's a TEDx speaker, trainer, and podcast host who helps leaders dismantle the secondhand beliefs quietly shaping their decisions, shrinking their courage, and keeping them small.

Her message is direct. Her framework is proven. Her audience is people who are finally done pretending.

SUSAN SPEAKS TO ORGANIZATIONS THAT WANT TO:

- Reduce bias and judgment in decision-making
- Strengthen leadership clarity and self-trust
- Increase team trust and psychological safety
- Identify how inherited belief patterns quietly block growth
- Unlock performance being held back from the inside

Susan's topics include:

THE DOUBT COMMITTEE™: WHO'S MAKING DECISIONS?

Susan shows how to recognize who's really driving decisions, and gives a practical method to take back the power — in the boardroom, in negotiations, and in life.

DONE PRETENDING: THE COST OF PERFORMING

High-performers are often the best actors in the room — and it's exhausting. This talk gives leaders and teams permission to stop managing perception and start making decisions from a place of genuine self-trust. The result: faster decisions, less second-guessing, and teams that actually say what they mean.

CHOSEN FOR MORE: STOP NEGOTIATING YOUR CALLING

High-achievers are often the most skilled self-limiters in the room. This talk confronts the gap between where leaders are and where they know they're meant to be. Susan shows audiences how to stop negotiating with their own calling and start walking toward what they were chosen for.

AVAILABLE FOR:

Keynotes • Half-day or Full-day Workshops • Youth Workshops • Breakout Sessions • Faith Communities

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Book Susan to Speak — Available Internationally



What others are saying...

"Susan doesn't just inspire you. She gives you the exact words for what's been happening in your head for years."

— Conference Attendee, Women's Leadership Summit

"Her message is direct, her framework is real, and the room felt it. One of the most impactful sessions we've hosted."

— Event Director, Entrepreneurship Conference

